Old South Haven Presbyterian Church

Open Hearts, Open Minds, Anchored in Christ's Love 2014 Summer Supplement



Cheyenne Johnson English 11 per.6 May 20, 2014 Ms. Hoffman

Peace Essay

Peace is freedom from disturbance; quiet and tranquility it also means freedom from or the cessation of war or violence. There was a time that I helped my friends settle a dispute that they were having with one another. I was determined to stop them from arguing and fighting each other. It was really hard but in the end I solved the issue and this is how.

As a child I was taught to help other and to not expect anything in return. I also came to the realization that doing good things for others made me feel really good about myself on the inside. I would say that my mother, father, and grandparents influence my decisions that choose to make in life greatly. By telling me to always be kind to others and to help out whenever I felt it was right, they gave me the confidence I needed to go out and actually pass on those things that I've learned to everyone, whether it be to strangers or to younger relatives.

The incident with my friends was just that. They were arguing constantly to the point where I had to step in and say something. I had to be the mediator in that situation because I love and care for both of my friends and I wouldn't want them to throw away their friendship over something that wasn't that serious. I told them that in order for them to get past it and still remain friends that they had to just sit down and listen to each other. Just to let one another talk and vent and get their feelings out to each other without all of the yelling and screaming. I sat down and I let them talk their problems out to one another. I listened to everything they said to each other, but I intervened when I felt that one was putting all the blame on the other. After that I told them that they should hug it out. Once they did that things didn't automatically go back to the way they were between them at first, it took time. Slowly but surely, everything came around and they were able to work everything out; it was like none of the previous drama ever happened.